

### May Group X Schedule

#### Sunday

Cycle Spin with Kristin - 9:00am-10:00am  
Children's Ballet with Caron - 10:00am-11:00am (ages 3 to 5)  
Children's Ballet with Caron - 11:00am-12:00pm (ages 6 to 9)

#### Monday

Yoga with Martha Ellen - 8:30am-9:30am  
Zumba with Lauren - 5:30pm-6:30pm  
Cycle Spin with Kristin - 7:00pm-8:00pm

#### Tuesday

Aqua Aerobics with Martha Ellen - 9:00am-10:00am (at the pool)  
Cycle Spin with Rori - 6:15pm-7:00pm  
Yoga with Rori - 7:15pm-8:00pm

#### Wednesday

Yoga with Martha Ellen - 8:30am-9:30am  
Yoga with Kate - 4:00pm-5:00pm  
Adult Ballet with Caron - 5:45pm-6:45pm  
Hip Hop with Callista - 7:30pm-8:30pm

#### Thursday

Yoga with Kate - 10:00am-11:00am  
Aqua Aerobics with Martha Ellen - 9:00am-10:00am (at the pool)  
Aqua Aerobics with Maruca - 6:00pm-7:00pm (at the pool)  
Cycle Spin with Rori - 6:15pm-7:00pm  
Yoga with Rori - 7:15pm-8:00pm

#### Friday

Zumba with Lauren - 4:00pm-5:00pm

#### Saturday

Aqua Aerobics with Maruca - 9:00am-10:00am (at the pool)  
Yoga with Nancy, Rori, or Martha Ellen - 10:30am-11:30am  
Hip Hop with Callista - 12:00pm-1:00pm  
Zumba with Lauren - 3:30pm-4:30pm

